

Our weekly schedule

Sunday	Mon	day	Tuesday		Wednesday		Thursday		Friday		Saturday	
9am												
BJJ for the broken Mike												
10am—noon Sunday Seminar Series (first Sunday of every month)												
Rotating professors											10:45am Kids BJJ Fundamentals	
					12pm All levels <i>Mike</i>				12pm All levels Chauncey		12pm Beginners lan	12pm All levels Henrique/Paul
					1pm Open mat				1pm Open mat		1pm Community open mat	
			4:30pm Kids BJJ Fundamentals Jake				4:30pm Kids BJJ Fundamentals Chauncey					
	6pm Beginners <i>Mike</i>	6pm No gi Vong	6pm Beginners <i>lan</i>	6pm All levels Vong	6pm Beginners Paul	6pm All levels <i>Mike</i>	6pm Beginners <i>lan</i>	6pm Advanced Henrique	6pm No gi Rotating profes	ssors		
	7pm Open mat		7pm Open mat		7pm Open mat		7pm Open mat		7pm Open mat			